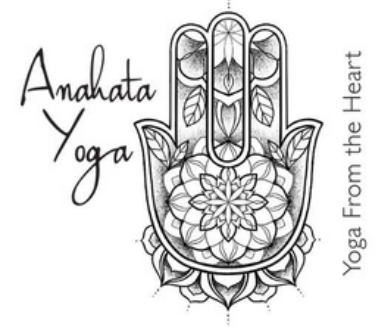


Fall Class Offerings

# ANAHATA YOGA



## MEMBERS

STARTS SEPT 5

### ONLINE MEMBERSHIP

*Unlimited Classes OR  
Single Class "drop in"*

- live classes & workshops
- select classes that work with your schedule
- cancel your membership anytime
- never miss a practice - private access to over 300 class recordings

## ONLINE

STARTS SEPT 6

### 6 WEEK SERIES

*on Zoom*

- stay committed to your practice with a 6-week series
- 2 live classes a week 9:30 am Tues & Fri
- class recordings available until end of month
- not included in monthly online membership

## STUDIO

STARTS SEPT 7

### 4-6 WEEK SERIES

*Hosted at  
Waterfront Fitness,  
Barrie*

- in-class community connection
- stay committed to your practice with a series
- personalized adjustments and cuing

\*\*Please note there are no make up classes for series