

# OUTDOOR Class Schedule: June 6- 31

Saturday classes: June 11, 25

On the grass at the corner of Hollyholme Farm Road & King St



Book Now: [anahatayogabarrie.as.me/](http://anahatayogabarrie.as.me/)

	SUN	MON	TUE	WED	THU	FRI	SAT
8:30 am (45 min)							<b>Core &amp; More Power Yoga abs/back/legs</b>
							Select Saturdays see header
4:45 pm (45 min)			<b>Core &amp; More Power Yoga abs/back/legs</b>				
5:45 pm (60 min)		<b>Yoga Vinyasa/ Slow Flow</b>					
				Private Individual and Group Classes available. Call or email us to inquiry.			

*Put a little love in your heart*

call 647 824 8325 | 1 Hollyholme Farm Road, Barrie  
AnahataYogaFromTheHeart.com | connect@sarahmelody.com